





Yellow Caterpillar Goals

Social Emotional	Language & Communication	Cognitive	Physical Development
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12 Months

<p>Has Favorite things and people. Cries when mom or dad leaves.</p> <p>Shows fear in some situations. Instigates games such as "peek-a-boo" & "pat-a-cake"</p>  <p>Puts out arm or leg to help with dressing!</p> <p>Hands you a book when he wants to hear a story! Repeats sounds or actions to get attention</p>	<p>Responds to simple spoken requests.</p>  <p>Uses simple gestures, like shaking head "no" or waving "bye-bye"</p> <p>Says "mama" & "Dada" and exclamations like "uh-oh"</p> <p>Makes sounds with changes in tone (sounds more like speech)</p>	<p>Finds hidden things. Bangs 2 things together. Pokes with index finger</p> <p>Looks at the right picture or thing when it's named! Copies gestures.</p>  <p>Explores things in different ways like shaking, banging, throwing.</p> <p>Starts to use tools correctly: drinks from cup, spoon is used for eating...</p> <p>Follows simple directions like "pick up toy". Let's things go without help. Can put things in and take things out of container.</p>	<p>Pulls up to stands walks holding onto object or person.</p> <p>Starting to balance without the assistance of object or person</p>  <p>May stand alone and start taking steps!</p>
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18 months

<p>Likes to hand things to others as play! Plays simple pretend, such as feeding a doll. Parallel play with peers.</p> <p>Recognizing feelings and learning how to express emotions: shows fears, excitement, anger. May start testing boundaries.</p> <p>Shows affection to familiar people and may cling in new situations.</p>  <p>Explores their environments while staying close to familiar people. Points to show interest.</p>	<p>Says several words.</p>  <p>Says and shakes head "no"</p>  <p>Points to show wants and needs!</p>	<p>Knows what tools and things are used for; a brush for your hair,</p> <p>Shows interest for toys and pretends to play with them correctly; A car drives on the ground and goes vroom... a plane flies in the air...</p> <p>Can point to body parts. Can follow 1-step verbal commands without any gestures; sits when you say sit-down.</p>  <p>Scribbles on their own.</p>	<p>Walks alone!</p> <p>Learning to walk up stairs and run!</p>  <p>Pulls toys while walking.</p>  <p>Drinks from a cup & eats with a spoon.</p>
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