

April

Independent Skill

“I CAN ...get myself ready for bed!”

I dress myself in my pj's, brush my teeth, use the restroom and get into my own bed! I sleep in my bed all night without getting up! I wake up in the morning refreshed with a smile on my face ready to have a great day!

Motor Skills

“I CAN...move through an obstacle course!”

Make your own Easter egg hunt (you can use empty eggs if your child already has enough). This time make your child travel through obstacle while on the hunt for eggs. Use different traveling methods, (ex. hopping, crawling, marching, skipping, running, etc.) this will help use multiple gross motor skills.

- **Hint:** combine this activity with the “problem solving” activity.

Problem Solving

“I CAN...follow a map and clues”

Create a map with fun clues or riddles, have your child solve the clues / riddles and follow the map to their destination!

- **Hint:** you could do this with an Easter egg hunt, “each clue or spot on the map will lead them to another egg.
- **Hint:** combine this activity with the “Motor skills” activity.

Math and Science

“I CAN...mix colors to make new colors!”

Use materials like paint, play dough, or food die dropped in water. Talk about the color change that happens when you mix two colors together. You can use paper to show the mixed colors, create a sculpture with the new colored play dough, or jars with water that have been changed with different drops of die.

- **Bonus-** Bring in what you made to share with your class.

Language and Literacy Development

“I CAN...read and learn about spring!”

Take a trip to the library. Find a book about spring. Read and talk about all the changes we see in spring, blossoms on trees, flowers blooming, animals waking from a long winter nap, birds and bugs hatching etc.

Social and Emotional Skills

“I CAN...label lots of different feelings!”

Focus on feeling words: when reading books, looking at pictures in magazines or family photos. Have your child label the people/animals with a feeling by reading their faces. (ex: happy, sad, angry, surprised, scared, etc.)

- **Bonus-** have your child draw a picture with faces showing different feelings/emotions.

Co-operative Behaviors

“I CAN...take turns when playing games!”

Family game night play board or card games together as a family. Games promote turn taking and patients. They can also be valuable lessons about being a good winner or loser. It is important for children to learn how to win and how to lose.