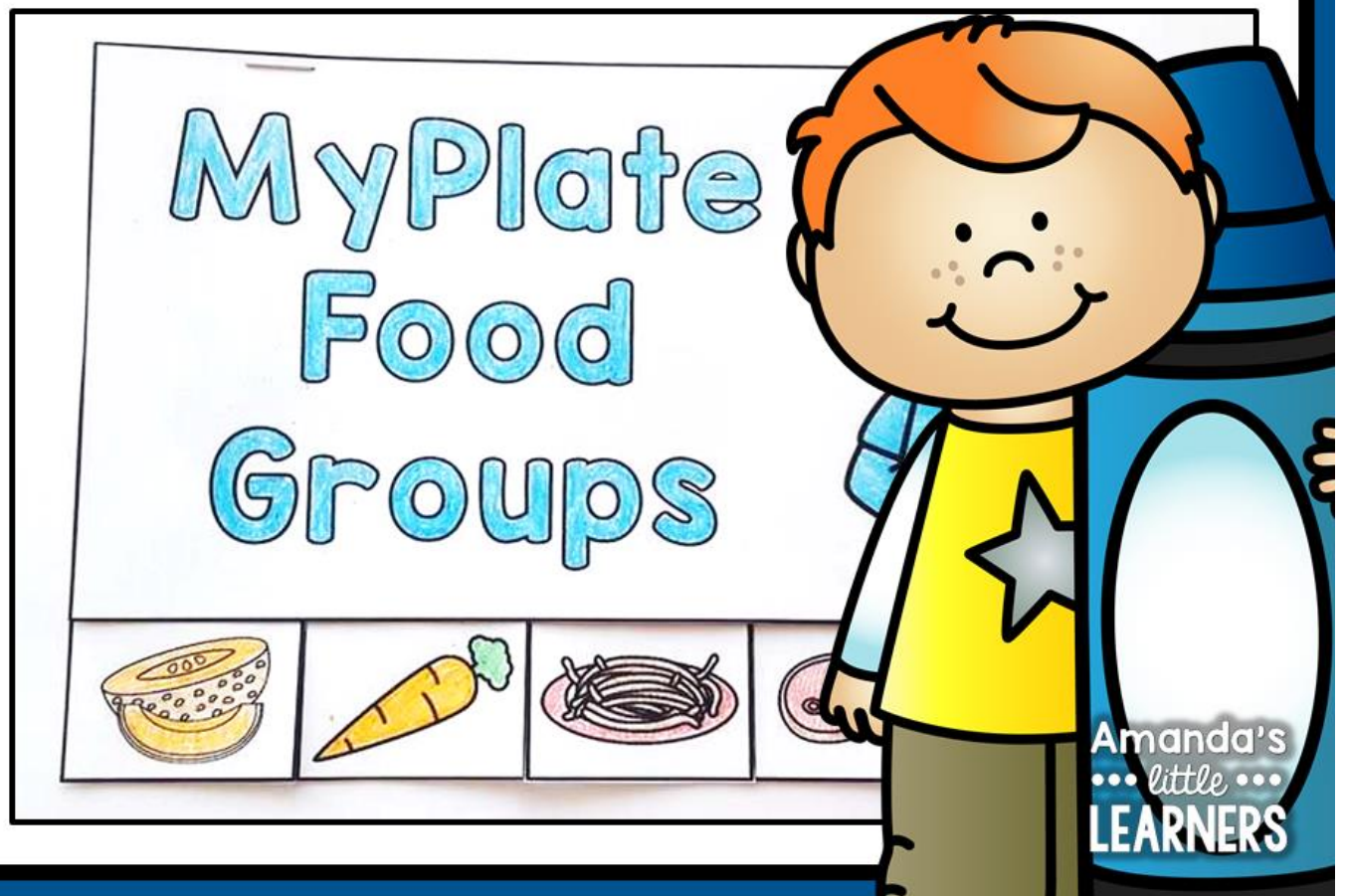


Food Groups

Interactive Book



©Amanda's Little Learners

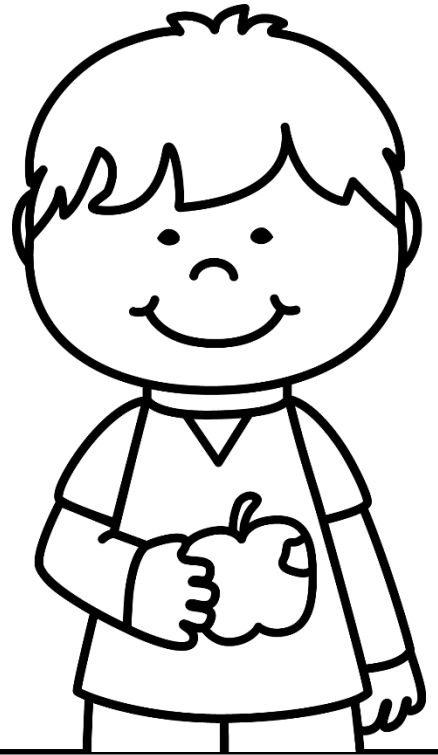
ABOUT THE PRODUCT

This MyPlate mini book is a great way for students to learn the basics about the MyPlate food group diagram. Each page has a large title, a short description of what it does for your body, and three examples of foods in that category. Included are pages for each part of the diagram!

TEACHER PREPARATION

These pages can be cut apart and stapled together to create a book.

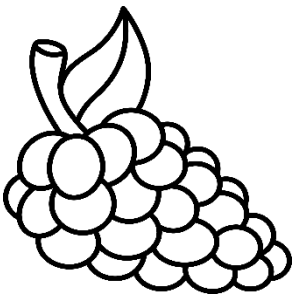
MyPlate Food Groups



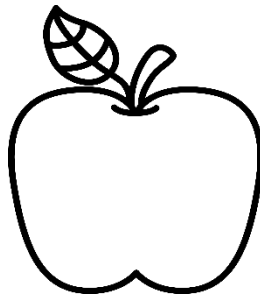
Name: _____

fruit

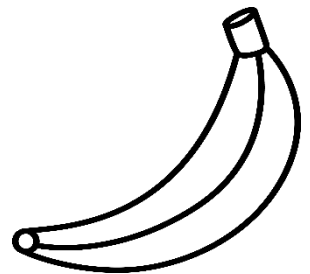
Eating fruit will help
give your body energy.



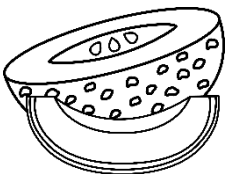
grapes



apple

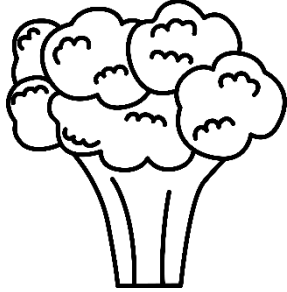


banana

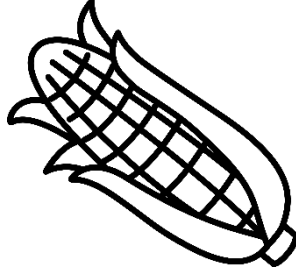


vegetables

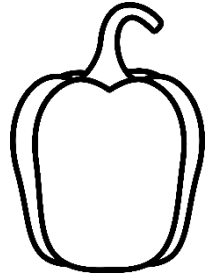
Vegetables are a great source of vitamins.



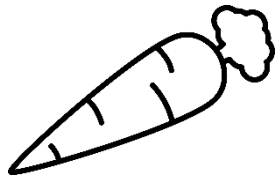
broccoli



corn



pepper

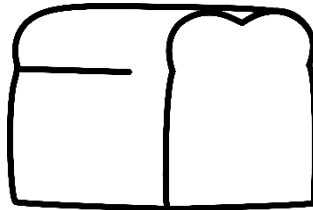


grains

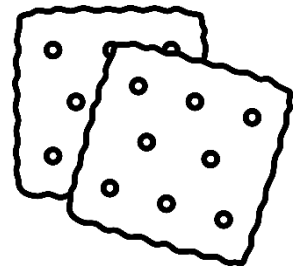
Grains provide your body with fiber.



muffin



bread

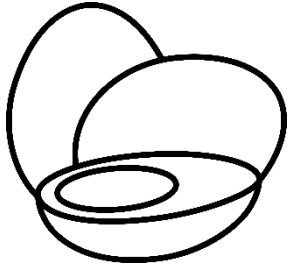


crackers

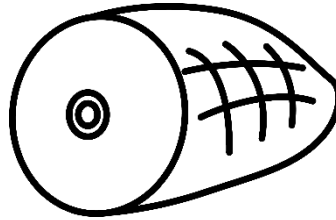


protein

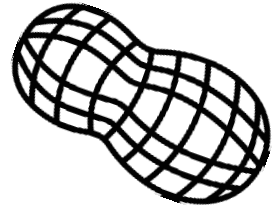
Protein builds and repairs tissues.



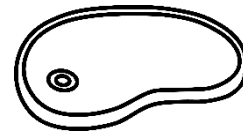
eggs



ham

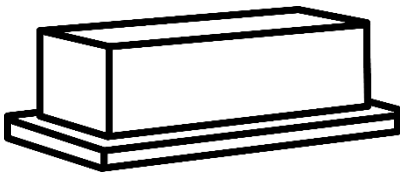


nuts

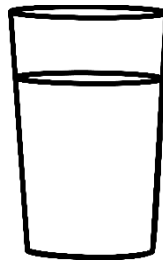


dairy

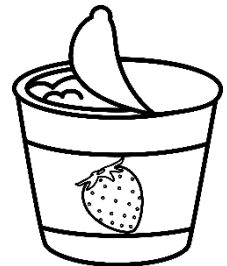
Dairy helps your bones grow strong.



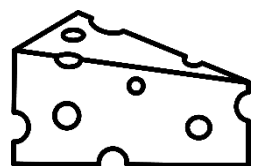
butter



milk



yogurt



THANK YOU!

Thank you for choosing this item for your classroom! If you have any questions or comments, please send me an email at amandak430@yahoo.com. I try to be fast to respond and make quick fixes!

TERMS OF USE

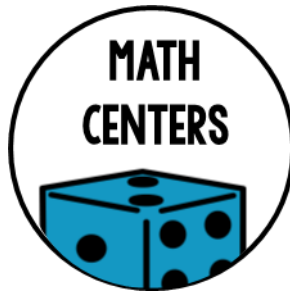
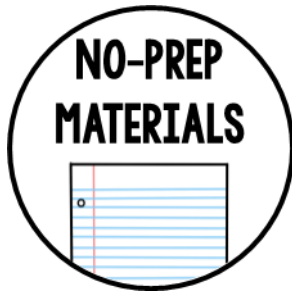
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THANK YOU TO THESE GRAPHIC ARTISTS

