

January

Independent Skill

“I CAN ...Pick up after myself!”

Work with your child to explain the importance of picking up our own messes. Make a routine at home, and be sure to reward with positive remarks, such as “WOW! Look at how many things you picked up all by yourself!”

Co-Operative Behaviors

“I CAN...Share!”

Help your child understand the meaning of “sharing”. When is it appropriate to share, and for how long? Do they need to share “right now”? Can they make a plan with their friends (or siblings) regarding sharing?

Motor Skills

“I CAN...Skate!”

Using two squares of wax paper, have your child stand on top of them and slide around the kitchen or other room with a smooth floor. This will promote balance, coordination, and other gross motor skills, even when we can't get outside!

BONUS: Make a track for them to follow and time them to see how fast they are!

Mathematics & Science

“I CAN...test different slopes!”

Using blocks, books, or wood create slopes with different angles with your child. Test which slope allows for an object to roll faster. Test which objects roll faster down the same slope. Predict or guess with your child which slopes or objects produce the fastest roll.

Problem Solving

“I CAN...organize objects!”

Using different toys or objects in your house, aide your child in organizing them. Determine a characteristic (big, small, heavy, light) to organize them by, and move from left to right just like reading.

BONUS: When cleaning up, sort them by color or type of object.

Language and Literacy Development

“I CAN...explain how to make a snowman!”

Ask your child to describe how to make a snowman. Encourage words such as roll, top, middle, bottom, big, bigger, round, etc. Put it to the test (if you can) by acting out your child's directions.

Social and Emotional Skills

“I CAN...take turns being first!”

Help your child learn about being first, second, or even last. Explain that everyone cannot be first all the time, and we take turns. Show understanding that waiting is “hard”, but it's OK.