

# October

## Independent Skill

### **I CAN ...Dress myself!**

Have your child dress themselves this includes: under & outer clothing, coats and shoes. If the task becomes frustrating to your child simplify task and break it down into smaller tasks. Making the task more achievable for your child.

BONUS: have them work on zipping their coat!

## Co-Operative Behaviors

### **“I CAN... Complete a Task!”**

Have your child focus and stay on a task until it is completed. This can be anything from a puzzle to folding laundry. Many every-day activities can accomplish this skill!

## Motor Skills

### **“I CAN...Bounce a ball with control!”**

Practice with your child bouncing a ball back and forth to each other, focusing on control. Control the height, the direction, and the distance it goes.

BONUS: Show your skills here at school with a friend!

## Mathematics & Science

### **“I CAN...Recognize different shapes and sizes!”**

Fall offers wonderful opportunities to recognize different shapes and sizes in nature. From leaves, apples, and pumpkins, your child can explore these differences with you as you enjoy the great outdoors!

## Problem Solving

### **“I CAN...Find Patterns!”**

Put together patterns for your child to solve, start simple and challenge them making the pattern more complicated as you go. Try using sound patterns instead of visual. Have your child pick out patterns in the environments around them.

BONUS: Have your child create their own pattern and bring it in to share.

## Language and Literacy Development

### **“I CAN...Describe my Attire/Costume”**

Have your child talk about their clothes or costume. Have them tell you the color, if it will keep them warm, what it feels like, and what pieces it has (mask, cape, gloves, hood etc.)

## Social and Emotional Skills

### **“I CAN...Tell you how I feel!”**

Talk with your child about different emotions. Draw pictures showing how our face looks with each emotion. Ask your child to describe their emotions, and why they feel this way.

BONUS: Using magazines or newspaper, have your child cut out and match the faces with the emotions you discussed!